

Collection of equations for atomic physics

Hydrogen $\Psi_{nlm} = R_{nl}Y_{lm}$	$R_{10} = 2 \left(\frac{Z}{a_0}\right)^{3/2} e^{-Zr/a_0}$	$Y_{00} = \frac{1}{\sqrt{4\pi}}$
$a_0 = \frac{\hbar}{m_e c \alpha} = 0.53 \text{ \AA}$	$R_{20} = 2 \left(\frac{Z}{2a_0}\right)^{3/2} \left(1 - \frac{Zr}{2a_0}\right) e^{-Zr/2a_0}$	$Y_{1\pm 1} = \mp \sqrt{\frac{3}{8\pi}} e^{\pm i\phi} \sin \theta$
$Ry = \frac{mc^2(Z\alpha)^2}{2} = 13.6 \text{ eV}$	$R_{21} = \frac{1}{\sqrt{3}} \left(\frac{Z}{2a_0}\right)^{3/2} \frac{Zr}{a_0} e^{-Zr/2a_0}$	$Y_{10} = \sqrt{\frac{3}{4\pi}} \cos \theta$
$E_{nl} = -\frac{Ry}{(n-\delta_l)^2}$	$\langle r \rangle = \frac{a_0}{2Z} [3n^2 - l(l+1)]$	$Y_{20} = \sqrt{\frac{5}{16\pi}} (3 \cos^2 \theta - 1)$
$\langle 1/r \rangle = \frac{Z}{a_0 n^2}$	$\langle r^2 \rangle = \frac{a_0^2 n^2}{2Z^2} [5n^2 + 1 - 3l(l+1)]$	$\langle 1/r^3 \rangle = \frac{Z^3}{a_0^3 n^3 (l+1)(l+1/2)l}$

Two level system

$\gamma = \gamma_{sp} + \gamma_{coll}$	$\frac{d\rho_{22}}{dt} = -\frac{d\rho_{11}}{dt} = -\frac{i\Omega}{2}(\rho_{12} - \rho_{21}) - 2\gamma_{sp}\rho_{22}$	
$2\gamma_{sp} = A = \frac{1}{\tau} = \frac{4\alpha\omega^3}{3c^2} D ^2$	$\frac{d\rho_{12}}{dt} = \frac{d\rho_{21}^*}{dt} = \frac{i\Omega}{2}(\rho_{11} - \rho_{22}) + [i(\omega_0 - \omega) - \gamma]\rho_{12}$	
$f = \frac{2m\omega D ^2}{3\hbar}$	$\rho_{22} = \frac{(\gamma/\gamma_{sp})\Omega^2/4}{(\omega_0 - \omega)^2 + \gamma^2 + (\gamma/\gamma_{sp})\Omega^2/2}$	$\Omega = e \langle 1 \mathbf{E} \cdot \mathbf{r} 2 \rangle / \hbar$
$\int \sigma(\omega) d\omega = 2\pi^2 r_0 c f$	$\rho_{12} = -\frac{(\omega_0 - \omega - i\gamma)\Omega/2}{(\omega_0 - \omega)^2 + \gamma^2 + (\gamma/\gamma_{sp})\Omega^2/2}$	$\Omega^2 = \frac{4\pi\alpha f I}{m\omega}$
$r_0 = \frac{e^2}{4\pi\epsilon_0 m c^2} = 2.8 \times 10^{-13} \text{ cm}$	$\alpha(\omega) = \frac{f e^2}{2\epsilon_0 m \omega_0} \frac{(\omega_0 - \omega + i\gamma)}{(\omega_0 - \omega)^2 + \gamma^2 + (\gamma/\gamma_{sp})\Omega^2/2}$ for $ \omega_0 - \omega \ll \omega$	
$\sum_{n'l'} f_{nl \rightarrow n'l'} = 1$ (one electron)	$\sigma(\omega) = \text{Im}[\alpha] \frac{\omega_0}{c}; \quad \sigma(\omega_0) = \frac{3\lambda_0^2}{2\pi} (\gamma_{coll} = 0); \quad \phi = \text{Re}[\alpha] \frac{N}{V} \frac{\pi l}{\lambda}$	
$G(\omega - \omega_0) = \frac{c}{u\omega_0\sqrt{\pi}} e^{-\frac{c^2}{u^2} \left(\frac{\omega - \omega_0}{\omega_0}\right)^2}$	$\alpha(\omega) = \frac{e^2}{\epsilon_0 m} \sum_k \frac{f_k}{\omega_k^2 - \omega^2}$ for $ \omega_k - \omega \gg \gamma$	
	$\alpha_G(\omega) = \int \alpha(\omega') G(\omega - \omega') d\omega'$	$u = \sqrt{\frac{2k_B T}{M}}$

Quantum Fluctuations

Spins	Photons $\frac{\delta I}{I} = \frac{\delta N_{ph}}{N_{ph}} = \frac{1}{\sqrt{N_{ph}}}$	Pol $\delta\phi_{pol} = \frac{1}{\sqrt{2N_{ph}}}$
$\delta\phi_x = \frac{\delta J_x}{J_z} = \frac{1}{\sqrt{N_s}}$ for N_s spins with $S = 1/2$	$\delta J_x \delta J_y \geq \hbar J_z /2$	T - measurement time τ - coherence time

Liouville Equation

$\frac{d\rho}{dt} = -\frac{i}{\hbar} [H, \rho]$	$\frac{d\rho}{dt} = -\frac{i}{\hbar} [H, \rho]$	$\langle Q \rangle = \text{Tr}[Q\rho]$
$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$	$\sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$	$\sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$
$L_+ l, m\rangle = \sqrt{l(l+1) - m(m+1)} l, m+1\rangle; \quad L_- l, m\rangle = \sqrt{l(l+1) - m(m-1)} l, m-1\rangle$		

Laser cooling

$T_D = \frac{\hbar A}{2k_B}$	$T_r = \frac{\hbar^2 k^2}{k_B M}$
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Gaussian beams

$q' = \frac{Aq+B}{Cq+D}$	$\frac{1}{q} = \frac{1}{R} - \frac{i\lambda}{\pi w^2}$	$E(r) = \sqrt{\frac{P}{\pi\epsilon_0 c w}} e^{-\frac{ir^2}{2\lambda q}}$
	Space: $\begin{pmatrix} A & B \\ C & D \end{pmatrix} = \begin{pmatrix} 1 & d \\ 0 & 1 \end{pmatrix}$	Lens: $\begin{pmatrix} 1 & 0 \\ -1/f & 1 \end{pmatrix}$
$w(z) = w_0 \left[1 + \left(\frac{\lambda z}{\pi w_0^2}\right)^2\right]^{1/2}$	$w_0^2 = \frac{\lambda}{2\pi} \sqrt{d(2R-d)}$ Mirrors with curvature R and distance d	